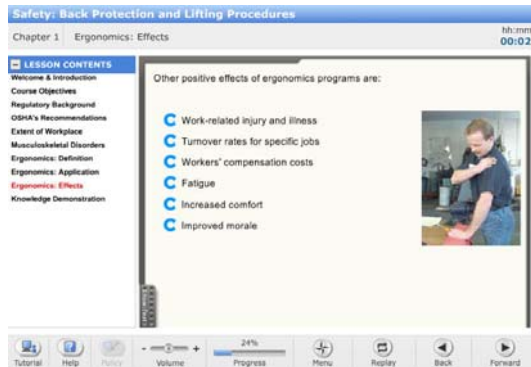


Safety: Back Protection and Lifting Procedures

This course provides general back safety awareness information regarding job specific hazards, safe work practices, and ergonomics.



Objectives:

- Identify the extent of back injury problems in the workplace
- Identify the basic requirements for recognition and control of occupational ergonomic hazards
- Identify basic risk identification skills for supervisors
- Define ergonomics
- Recognize good practice for reducing back injuries
- Identify job specific hazards
- Identify back safety safe work practices
- Specify how to conduct an ergonomics assessment
- Identify the steps in conducting health screenings
- Define engineering controls and the types available for implementation

Audience: All employees, to include supervisors and managers.



Primary Regulations: OSHA 29 CFR 1903.1, The General Duty Clause

Related Regulations: OSHA 29 CFR, Proposed Ergonomics Guidelines

Duration: 45-60 minutes

