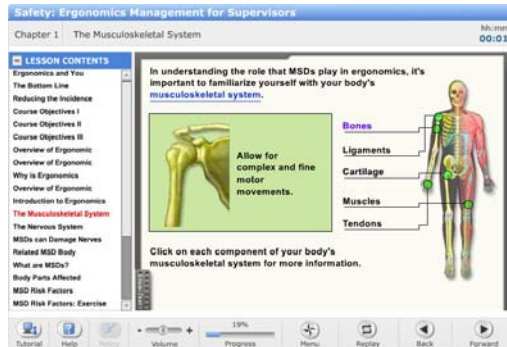


Safety: Ergonomics Management for Supervisors

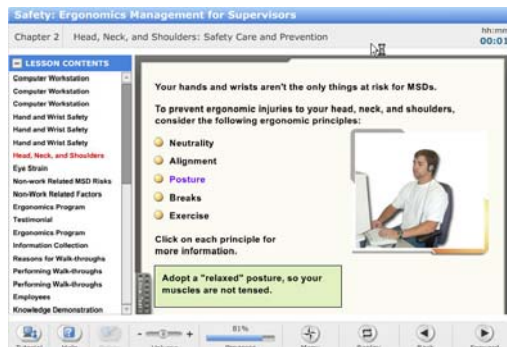
This course addresses the key components of an Ergonomics Program identified by OSHA in the DRAFT Ergonomics Standard and the NIOSH manual "Elements of Ergonomics Program," including information regarding the risk factors, signs, and symptoms of "work-related musculoskeletal disorders" (MSD). Specifically, the course is designed for those who supervise people working in jobs that put them at risk for MSD and details the process to follow when an incident occurs.



Objectives:

- Define the terms: "musculoskeletal disorder" (MSD) and "ergonomics."
- Locate the most common parts of the body susceptible to MSDs.
- Recognize the signs and symptoms of injury to the muscles, skeleton, and nervous system.
- Classify some of the most common types of MSDs and their locations.
- Identify risk factors and work activities most commonly related to injury of the muscles, skeleton, and nervous system.
- Select controls and work practices that reduce and/or eliminate risk factors for injury to the muscles and skeleton.
- Identify the core elements of an ergonomics program and the roles of the employer and employees in making the program successful.
- Describe basic procedures for reporting MSD signs, symptoms and hazards in the jobs you supervise.
- Illustrate the general sequence of events that employers should follow if an MSD, or its signs or symptoms, are reported.
- Identify the elements of an ergonomics program and the roles of the employer and employees in making the program successful.

Audience: All persons who supervise individuals who have work activities that involve physical efforts involving lifting and handling materials/objects or activities that involve repetitive motions.



Primary Regulations: OSHA 29CFR1910, Ergonomics (Proposed)

Related Regulations: None

Duration: 45-60 minutes



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